



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION - MEDICAL SOCIOLOGY.

SECOND SEMESTER – APRIL 2013

SO 2953 - HEALTH PSYCHOLOGY

Date : 07/05/2013
Time : 9:00 - 12:00

Dept. No.

Max. : 100 Marks

PART A

Answer the following in about 30 words each marks)

(10 ×2=20)

1. Define Health Psychology.
2. Name the four approaches to health psychology.
3. What is obesity?
4. What is meant by alcohol dependence?
5. Define pain.
6. Write a short note on hypertension.
7. What is meant by patient empowerment?
8. State the importance of non-verbal communication in health care setting.
9. Define health promotion.
10. What is immunization? Give examples.

PART B

Answer any FIVE questions in about 300 words each marks)

(5 ×8 =40)

11. Bring out the relationship between culture and health.
12. Explain the main characteristics of clinical health psychology.
13. Enumerate the factors contributing to the declining participation of children in physical activity.
14. Highlight the external and psychological stressors of HIV/AIDS.
15. Explain the socio-cultural and psychological aspects of pain.
16. What is health communication? Discuss the importance of doctor patient communication.
17. Explain the self-empowerment approach to health promotion.

PART C

Answer any TWO questions in about 1,200 words each. marks)

(2 ×20=40)

6. Analyze the health effects of smoking and explain the psychological factors in smoking.
7. What is stress? Discuss the stressful life events and the daily hassles of stress. Suggest ways to cope with stress.
8. What is adherence? Explain the causes and factors associated with non adherence.
9. 'Participation in immunization programmes is related to the social character of children's families' - Explain.

